



FLAME & GRILL

THE COURTYARD, LE MOTE FARM

— PEBMARSH —

ESTABLISHED 2023

ALLERGENS & DIETARY REQUIREMENTS

WE DON'T LIST ALL INGREDIENTS SO PLEASE INFORM US OF ANY ALLERGIES, DIETARY REQUIREMENTS OR DISLIKES BEFORE ORDERING. IF YOUR ALLERGY IS SEVERE, PLEASE BEAR IN MIND THAT ALLERGENS ARE USED EXTENSIVELY IN OUR KITCHEN & WE CANNOT GUARANTEE AGAINST CROSS CONTAMINATION

32 OZ STEAK CHALLENGE

AVAILABLE TO BOOK WEDNESDAYS TO SATURDAYS - 48 HOURS NOTICE REQUIRED

COULD YOU EAT ALL THIS IN JUST 30 MINUTES TO ENTER OUR WALL OF FAME AND WIN THE STEAK CHALLENGE WINNER T-SHIRT?!

32OZ PRIME RUMP STEAK WITH YOUR CHOICE OF SAUCE, 16OZ FRIES, 8OZ BATTERED ONION RINGS, 8OZ ROAST TOMATOES, 8OZ ROAST MUSHROOMS, 2 SLICES BREAD & BUTTER... APPROX 5LB'S IN TOTAL!!

FREE IF YOU COMPLETE IN UNDER 30 MINUTES OR £50 OTHERWISE

LUNCH CLUB

WEDNESDAY TO FRIDAY ENJOY A CHOICE OF 3 MAIN COURSES WITH THE FLAME SALAD BAR AND TEA OR COFFEE FOR ONLY £12

STEAK WEDNESDAYS

ENJOY A DELICIOUS MINUTE STEAK WITH CHIMICHURRI, FRIES AND THE FLAME SALAD BAR FOR JUST £15

BURGER THURSDAYS

EVERY THURSDAY OUR TASTY 8OZ BBQ CHEDDAR BEEF BURGERS ARE SERVED WITH FRIES AND THE FLAME SALAD BAR FOR ONLY £12!

SUNDAY ROASTS

ENJOY A DELICIOUS HOMEMADE ROAST DINNER SERVED WITH YORKSHIRE PUDDING, BEEF DRIPPING ROAST POTATOES, HONEY ROAST PARSNIPS, VEGETABLES, RED WINE GRAVY AND CHOICE OF MEAT (AS WELL AS OUR MAIN MENU!)